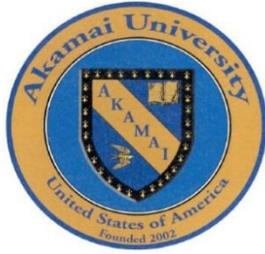


Pathways to Health & Wellness  
Through Energy Therapy Interventions  
Certificate Program in Integrative Health 2019 - 2021



# AKAMAI UNIVERSITY

## Institute for CAM Studies

University For Becoming More Fully Human  
*Based on Virginia Satir Growth Model and Energy Therapy*

[www.akamaiuniversity.us](http://www.akamaiuniversity.us) / [www.cam institute.com](http://www.cam institute.com)

Certificate Programs in Integrative Health & Energy Therapy

Offered through Institute for CAM Studies and Energy Medicine Partnerships  
Affiliated with Akamai University Division of Continuing Education



[www.energymedicinpartnerships.com](http://www.energymedicinpartnerships.com)

**Description:** The Certificate Program in Integrative Health offered through Akamai University Division of Continuing Education and the Institute for CAM Studies is designed for those interested in professional training with select populations. The diverse programs are:

- ❖ Transitions Holistic Care & Energy Therapies
- ❖ I Choose Health NOT Addictions
- ❖ After-Effects Near Death / Spiritual Transformative Experiences
- ❖ End of Life: Care & Comfort
- ❖ Abuse, Trauma, Disasters: Help, Recovery & Healing
- ❖ Spiritual Development
- ❖ Healing through Creative Arts
- ❖ Shamanistic Approaches to Health and Well-being
- ❖ Energy Therapies for Animals
- ❖ Healing through Plants, Nature & Environment
- ❖ Energy Therapies in Organizations
- ❖ Energy Therapies for Health Professionals: Holistic Nurses, Medical Doctors, Psychologists, Social Workers, Physical Therapists, and others

**Goal:** Each certificate is available to prepare as Energy Therapy Clinician, Coach, Practitioners, Specialists in their concentration of choice and program focus.

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Concentration Choices: Energy Medicine, Energy Psychology, Energy Dynamics, Biofield Feedback or Integrative Health. The focus of the concentration is one of the 12 listed above.

| Certificate Program            |  |  |  |
|--------------------------------|---|--|---|
| Description                    | Foundational work in energy therapies on the self and others                      | Develops energy therapy practice with previous energetic training                  | Combines previous energy therapy & other professional training                      |
| Goal                           | Become a ET Clinician or Coach  | Become a ET Practitioner   | Become a ET Specialist  |
| Curriculum                     | Basic preparation in energy therapies   | Builds on previous clinical training   | Builds on previous practitioner training  |
| Contact Hours                  | 110 contact hours   | 220 contact hours  | 330 contact hours   |
| Cost                           | \$1600  | \$1800   | \$2100  |
| Non-refundable Application Fee | \$25<br>Includes Evaluation<br>Previous Experience                                | \$35<br>Includes Evaluation<br>Previous Training                                   | \$45<br>Includes Evaluation<br>Previous Training                                    |



## Energy Therapy Online Heart Centered Learning

**Background of Need:** The Certificate in Energy Therapy Clinician Training was conceived as an outgrowth of the need presented to Healing Touch elders in 2016. The goal was to find

workable solutions to provide Healing Touch and energy therapies to specialized populations. From this concept to include various populations and various situations for role levels that address different background levels to achieve success.

**Housing the Program:** The Energy Therapy pathways were created by Dr. Mary Jo Bulbrook master teacher & practitioner and president of Energy Medicine Partnerships where the training is currently housed. Healing Touch Elders Council endorses the Certificates. To view [CEU's Providers click here](#)



**Program Goal:** The goal is to create a viable culturally or need specific program to address unique demands on those individuals desiring health through providing support, care and help in an international or local setting to achieve peace within and without. By targeting select populations, the curriculum is individualized to address



current focus that touches deeply the lives of the students, and thus reach at a deep level addressing the root that needs to be addressed and healed to achieve peace within and without.

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**Program Designer:** Dr. Bulbrook is uniquely qualified to serve in this role due to her lifetime commitment as a dedicated university academic with over 50+ years in Higher Education. She is a master teacher / practitioner with ground theory research in energy therapies. All these pathways to health she served during her extensive career blending energy therapy to populations in need.



Her journey includes offering expert knowledge, experience and skills teaching a range of energy therapies in multiple countries. These include Australia, New Zealand, Peru, Chile, South Africa, Canada and throughout the USA since 1976. She served in a significant role in the spread of HT in North America as well as the other countries from the original program that Janet Mentgen created.

Her training in Energy Medicine has been taught throughout the US and Canada, Australia, New Zealand, Peru, Chile and South Africa. This includes working with health care professionals in universities and hospital organizations.

Opportunities exist to teach the above programs for those who qualify and choose the pathway of their interest, experience and training.

**Program Requirements & Opportunities:** These new pathways were spiritually conceived to serve a need for select populations. This need includes finding the right content to teach from the wealth of Energy Therapies knowledge available, skilled instructors to teach, sound educational design that is monitored and evaluated to achieve the individualized educational goal and establishing an infrastructure to make the program viable, manageable and affordable. The training is based on Dr. Bulbrook Model Program titled: Person to Person theory of education.

**Program Applications:** Dr. Mary Jo Bulbrook, Program Director / [info@energytherapies.online](mailto:info@energytherapies.online)  
[maryjo@energymedicinpartnerships.com](mailto:maryjo@energymedicinpartnerships.com) / 1.919.923.2409 / [www.energymedicinpartnerships.com](http://www.energymedicinpartnerships.com)

**Continuing Education Units available from Akamia University, Institute of CAM Studies**

The Certificate program consists of continuing education units or a minimum of 70 - 100 contact hours of study, reflection, training and mentorship that leads to a Certificate in Energy Therapy with chosen concentration of Energy Medicine, Energy Psychology, Energy Dynamics, Integrative Health or Biofield Feedback. The specific focus is one of the 12 listed above.

**Curriculum:**

- Part I – Overview & Basic Preparation 20 hours
  - Introductory seminar = 3 contact hours
  - Awakening, Attunement & Healing = 16 contact hours
  - Ethical considerations = 3 contact hours
- Part II – Exploring Energy Therapy Paths to Wellness 50 - 70 contact hours
  - Energetic Assessments & Interventions
  - Exploration applying what was learned
  - Mentorship
- Part III – Certificate in Energy Therapy 10 – 30 contact hours
  - Documentation of your experience as verified by a professional project or paper outlining the journey. 10 - 30 contact hours

## **Certificate Program in Energy Therapy: Pathways to Health**

### **Part 1 Pathways to Health**

During this course the student can experience interventions from a variety of approaches such as: Transform Your Life through Energy Medicine, Healing Touch, Reiki, Therapeutic Touch, Energy Medicine, Touch for Health, Energy Psychology, Yogi, Tai Chi or Qi Gong, Sound Healing.

Includes identifying and documenting the persons health status including body, mind-emotion and spiritual aspects. Through this in-depth analysis, the student explores the energetic imprinting that currently is affecting his / her journey and learning ways to break patterns that influence health and well-being.

Explore the ethical dimensions in providing energy-based care.

### **Part 2 Applying what was learned to the population of choice**

This usually taken 6 months to a year to complete and provides the documentation of the journey to complete your work. It can be done on line as well as in person with peers.

The person will be awarded a Certificate in Energy Therapy as a Coach, Clinician, Practitioner or Specialist

### **Part 3 Reflection and Your Story**

The training the person submit their credentials to the Akamai University CAM Academy to issue board certification and awarding of the credential.

Registration on line - or contact Dr. Mary Jo Bulbrook +1.919.923.2409  
[maryjo@energymedicinepartnerships.com](mailto:maryjo@energymedicinepartnerships.com) / [bulbrookmj through Skype](#)  
[Registration Payment Form Click Here](#)



**Instructor:** Dr. Mary Jo Bulbrook, CEMP/S/I

President of Energy Medicine Partnerships  
Dean of the Institute for CAM Studies, Akamai University

Program Director of Complementary & Alternative Medicine  
Dean of the Division of Continuing Education at Akamai University

50 + Years in the Practice, and Teaching in Energy Medicine working with indigenous healers in four countries: Australia, New Zealand, South Africa and Peru.



## **Certificate Programs in Energy Therapy:**

(Specialized concentration and focus)

### **Program Content:**

- ✓ Capturing Your Story
- ✓ Explore Culturally based Values and Experiences that Shaped Your Life
- ✓ Expand Intuitive Development.
- ✓ Practice Energetic Interventions bring Balance & Healing using a Variety of Integrative (Whole Person) Treatment Modalities
- ✓ Evaluate Effectiveness of Growth & Change
- ✓ Learn Unconditional Love & Healing
- ✓ Create Your Personal Self Care Program to Maintain Health & Model Well-Being

### **Program Objectives:**

Participants learning to Choose Health NOT Addiction will be able to:

1. Define your personal desire or need for this training and certificate.
2. Assess your current body, mind-emotional and spiritual health.
3. Practice energetic interventions to clear your path and define your life goal.
4. Practice a range of energetic interventions.
5. Create a self-care plan for clients
6. Explore resources to support in the focus of your choice.
7. Document the progress achieved.

**Eligible Participants for the Training:** The training is open to anyone desiring to receive a Certificate in Energy Therapy training as a coach, clinician, practitioner or specialist depending on the path you choose for you areas of interest. This training is foundational for those who desire to be teachers of this program and mentors.

### **Program Fees:**

**Total program Cost Varies Depending on the Role: Energy Therapy Coach or Clinician \$1600, Energy Therapy Practitioner \$1800, Energy Therapy Specialist \$2100.** includes university continuing education with international accreditation, learning modules, spiritual development, mentorship and certificate. Total of minimum of 9 to 12 CEU's to receive the certificate. Additional fees may be charged for additional mentorship and healing as needed beyond the basic program. All fees are payable to the Institute for CAM Studies. Includes University credit through Akamai University Division of Continuing Education. After each segment contact hours will be awarded documenting the segment taken and the number of contact hours. Payment options are available. Part I training also available as stand-alone costs without registration for the whole program A repeater fee for courses and modules is one/half the cost of each segment.

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**Guiding Principles:**

- ✓ Let Go and Let God
- ✓ Find Your Path through Spiritual Guidance
- ✓ Become free from the ties that bind you.
- ✓ Call back your spirit
- ✓ Find your life purpose
- ✓ Achieve peace within and without
- ✓ Let joy and love guide your choices



**Transform Your Life™  
Energy Medicine**

**Story Telling Process:**

**Phase I – Telling Your Story**

- My story of what happened in my life is...
- My feelings about this are...
- I think that I am ...
- My heart is...
- What I want to say about my life so far is...
- My visions for myself at the time are...
- Spiritually I am...

**Phase II - Background to Your Path**

- Describe what has been your experience over time...
- Include what your feeling and thoughts are...
- How have your relationships been affected with this change in you...
- What have others said about you and how has that affected you with this new interest...
- Describe your ideas about this chosen path and what you think needs to be done.

**Phase II – Energetic Pathways for Healing**

- Central Power Current clearing & alignment
- Energy Field Drain & Replenishment
- Energy Centers Clearing & Balancing
- Energy Tracts Vitalized & Return to Functioning
- Reconnecting to self, family and friends in this dimension
- Streams of Grace & Gratitude
- Energetic Protection & Forming Bubbles of Truth
- Development of Intuitive Abilities
- Synchronicity

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**For More Information, Contact Program Developer:**



Dr. Mary Jo Bulbrook, CEMP/S/I

In Person Training available on-line and in person at The Gathering Place for Triangle Holistic Center 3211 Gibson Road, Durham, NC 27703 Phone / Fax 1.919.923.2409 / cell 1.919.923.2409 [maryjo@energymedicinepartnerships.com](mailto:maryjo@energymedicinepartnerships.com)  
[/www.energymedicinepartnerships.com](http://www.energymedicinepartnerships.com), [www.cam.institute](http://www.cam.institute)

**Affirmations:**

- I call on a Higher Power to fill me with Divine Light and Love.
- I choose to be present in life with my family, friends, work, recreation, animals and nature.
- I am a Divine Child of Source and a Being of Light for the world.

**Institute Affiliated Partners:**



Douglass Capogrossi, Ph.D., President, Akamai University 110 Haili Street, Hilo, Hawaii 96720 USA  
Tel: 1 (808) 934-8793 Fax: 1 (809) 443-0445  
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<http://www.energymedicinepartnerships.com/a/>

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In April 26 to 28, 2019, a special Uniting Healers Worldwide gathering will take place in Durham, NC illustrating the progress made over the years documenting opportunities to further your life path using spiritual guided educational and healing goals to grow, advance and change. I Choose Health is one of these innovative programs.

Friday—Sunday, April 26-28, 2019

# UNITING HEALERS WORLDWIDE



Akamai University

Triangle Holistic Center | 3211 Gibson Road, Durham, NC 27703  
919-923-2409 for information



GLOBAL  
HEALING  
ALLIANCE

WORLD  
TAI CHI  
& QIGONG DAY



Saturday, April 27, 2019  
1:00 to 3:30p.m. EDT  
A Peaceful Meditation

A FREE Annual Global Health & Healing event unfolding across the planet —10:00 a.m. Pacific Time

[Global Healing Alliance](#)